MENU

COFFEE		FOOD	
COFFEE BY INGLEWOOD COFFEE ROASTERS Single Origin Espresso Single Origin Long Black Roosevelt with Milk	4.2 4.7 5.2	Toast choice of sourdough, multigrain or fruit toast. Gluten Free +2.0 Nutella (N) +1.0	9.9
Inglewood Coffee Supplements Immunity booster	2.0	Eggs On Toast free range eggs your way.	14.0
Kickstart oil Collagen booster INGLEWOOD ARMOUR COFFEE Immunity booster + Kickstart oil	2.0 2.0 2.5 3.5	Granola Nut crunch buckwheat granola, goji berries, Coyo, strawberries, kiwi, passionfruit. (V, VG. N, GF)	19.9
Malibu Chai Turmeric Latte Matcha Maiden Latte Hot Chocolate, Mocha	6.5 6.0 6.0 5.2	Eggs Benedict slow braised ham hock, bearnaise hollandaise, two poached eggs, house pickles, potato hash. (GFO) Add mushrooms +3.5	23.5
Cold Brew Batch Brew	5.2 5.0	Fig & Date loaf toasted house made fig, walnut & date loaf with espresso butter (VG, N)	16.0
Iced Coffee or Chocolate with ice cream	7.0 8.0	Apple crumble french toast Brioche, baked apples, cinnamon, walnut & pinenut crumble,	23.5
Alternative Milks	+0.5	berries, creme Chantilly (VG, N)	
TEA BY MALIBU English Breakfast, Earl Grey, Sencha Green, Peppermint, Lemongrass & Ginger, Chamomile	4.5	Smashed Avocado whipped ricotta, smoked almond dukkeh, lemon, soft herbs. (GFO, VG, VO, N) Add poached egg +3.0 Add bacon +4.0 Vegan Option	23.0
SMOOTHIES		with vegan feta. (V)	20.0
Peanut Butter and Banana Smoothie banana, peanut butter, cacao, honey and almond milk. (VO, GF)	11.0	Okonomiyaki bacon, yüzü yoghurt, shaved radish, bonito flakes, black sesam edamame, kewpie mayo, poached egg.	24.5 ne,
Mango Smoothie mango, coconut milk, yoghurt and honey. (VG, GF)	11.0	Folded Eggs curry leaves, pickled chilli, tasty cheese, soft herbs,	22.0
MILKSHAKES (SERVED WITH MALT)		chilli oil on thick cut sourdough. (VG) Add bacon +4.0	
Nutella, strawberry, vanilla, salted caramel, chocolate, espresso Alternative milks +1.5	7.0	Seasonal mushrooms smoked curd, hazelnuts, vincotto, fried sage, on rye (GFO, VG, VC Vegan Option	23.0), N) 23.0
COLD DRINKS		with Whipped tofu. (V)	
BOBBY PREBIOTIC SOFT DRINK Cola, Berry, Creamy Soda, Ginger Beer, Lemon, Orange	4.5	Crispy Zucchini Fritters Zucchini, sweetcorn and quinoa fritters, soft herbs, beetroot yoghurt, fried halloumi, tomato lime salsa, poached eggs. (VG)	23.5)
Kombucha Drinking Coconut	6.5 6.5	Add bacon +4.0	
Coke, Diet Coke, Sprite, Solo JUICE	4.0	Cured Salmon beetroot and apple relish, creme fraishe, orange and fennel salad on rye (GFO)	22.5
	70	Kaffir lime crumbed eggs	22.0
Orange Juice Apple Juice Mango Juice	7.0 7.0 7.5	Chilli sambal, smashed minted peas, goats cheese, crispy kale, on seeded sourdough (VG)	۷۷.۷

LUNCH

LUNCII	
Fried chicken burger Sriracha corn aioli, cabbage slaw, pickled cucumber, smoked cheese, on a potato bun withseasoned chips.	24.0
Syrian Grain Salad smoked almond dukkeh, roasted cauliflower, mixed grains, whipped tofu, pomegranate dressing (V, VG, N) Add chicken +4.0 Add salmon +4.5	21.5
Spring salad kale, almond hummus, broccolini, black puff rice, bacon lardons, miso dressing, soft boiled egg. (VGO, GF, N)	22.0
Open steak Sandwich Porterhouse, crispy onion rings, smoked cheese, cos, tomato, house BBQ, on thick cut sourdough with season chips	26.5
Chicken Schnitzel roll shredded lettuce, tasty cheese sliced, kewpie mayo, tomato, on a potato bun. Add fries +4.0	18.0
KIDS MENU	
Waffle Belgium waffle, maple, ice cream (VG) Dippy eggs (VG, GFO)	9.0
Kids Napoli with parmesan (VG, VO)	11.0
SIDES	
Hash Browns (VG, V) / Potato Rosti (VG) Mushrooms (VG, GF, V) Extra Egg (VG, GF) Haloumi (VG, GF) / Avocado (VG, GF, V) Smashed Avocado and Feta (GF) Short Cut Bacon (GF) Roast Tomatoes (GF, V) Smoked Salmon (GF) Bearnaise Hollandaise (VG, GF) Tomato Relish (VG) Feta (VG, GF) / Vegan Feta (VG, GF, V) Chips and aioli	5.5 5.5 3.5 5.5 6.0 5.5 5.5 6.5 3.5 4.5
GF - GLUTEN FREE GFO - GLUTEN FREE OPTION VG - VEGETARIAN VGO - VEGETARIAN OPTION V - VEGAN VO - VEGAN OPTION N - CONTAINS NUTS	
All food is prepared in a kitchen where puts, gluton 8 other known allergons may be present	nt Our

All food is prepared in a kitchen where nuts, gluten & other known allergens may be present. Our team & our suppliers take caution to prevent cross-contamination, however, any product may contain traces. If you have a food allergy, please make this known at the time of ordering.

COCKTAILS

Bloody Mary Vodka, lemon, spice mix, tomato	16.0
Cucumber, Elderflower and Lime Spritz Gin, cucumber, elderflower liquor, fresh lime, soda	18.0
Aussie Orange Spritz Aussie Bitter Aperitif, orange, prosecco, soda	16.0
Espresso Martini Vodka, Inglewood coffee, coffee liqueur	19.0
Tropical Gin and Juice Tropical gin, apple juice	13.0
Mimosa Prosecco, orange juice	12.0

No split bills on weekends and public holidays.

No alterations to menu items.

10% Surcharge on weekends. 20% Surcharge on public holidays.

WINE

Oscars Folley Pinot Grigio	12.0	55.0
Helens Hill Lana's Rose	13.0	60.0
Ingram Rd Heathcote Shiraz	13.0	60.0
Positano Prosecco	11.0	52.0

FUNCTIONS

Make your next event one to remember.

Our captivating, light filled space at Bentwood is the perfect setting for your next function or event.

Please speak to our friendly team for more information or email us at functions@onlyhospitalitygroup.com.au

${\tt BEER}$

Local Brewing Co Lager	9.0
Balter XPA	10.0
Matseos Ginger Beer	9.0
Gage Roads Single Fin	9.0



BENTWOODFITZROY

WWW.BENTWOODFITZROY.COM.AU INFO@BENTWOODFITZROY.COM.AU

